

## INFORMATION FOR PROSPECTIVE TRUSTEES

### INTRODUCTION

This paper provides an overview of Foundation66's trustee recruitment process and a brief outline of the organisation.

Foundation66 was established in February 2009, following the merger of two of London's oldest alcohol and drug charities, ARP and Rugby House. The two charities brought together a combined 66 years' experience in the alcohol and drug sector.

These are exciting and challenging times for the organisation. Since merger we have worked successfully to consolidate the new organisation and in particular the Board of Trustees, which comprises members from both ARP and Rugby House Boards.

We continue to adapt positively and realistically to our environment by being a socially progressive, professionally-managed organisation. Our principal objective is to reduce the harm caused by alcohol and drug misuse. To this end, we provide a range of services supporting people to address their problem alcohol and drug use.

The emphasis on short term (3-5 year) service contracts presents significant challenges for business and financial planning. We must remain flexible to adapt to the constantly changing operating environment. Foundation66's strong Board, our business focus and financial modelling tools underpin strategic planning and decision making.

Foundation66 is the trading name for ARP Charitable Services. We are a Registered Charity (No: 296375), a Limited Company (No: 2109924), and a Registered Social Landlord (H3720), regulated by the Tenant Services Authority.

We operate across the Greater London area; employing 190 staff and providing services to over 6,000 people each year. Our annual turnover is £9 million.

### RECRUITMENT OF NEW TRUSTEES – SPECIALIST SKILLS REQUIRED

We are currently looking for three new trustees, to bring the Board up to its maximum membership of twelve. New trustees are asked to commit to a minimum term of office of three years.

Potential trustees should be working at senior level, with the following specific areas of expertise:

- Financial knowledge and experience, with an accountancy qualification
- Business & entrepreneurial experience, to support in particular our marketing and fundraising initiatives
- Knowledge of Health and social care sectors including the commissioning of services by the statutory sector

### RECRUITMENT PROCESS AND TIMETABLE

If you are interested in becoming a trustee of Foundation66 we'd love to hear from you. For an informal conversation about the role and Foundation66, please 'phone Sally Scriminger (Chief Executive) via 0207 234 9940. Initial application will be by CV, with a brief note stating the reasons for your interest in becoming a Foundation66 trustee.

The closing date for receipt of CVs is **6<sup>th</sup> August 2010**. Informal interviews with the Chair and one other trustee will take place in August.

## THE BOARD OF TRUSTEES

The current Board of Trustees comprises ten senior professionals (one of whom is due to step down in October 2010) whose experience spans the following areas:

Senior NHS management and commissioning  
CEOs of third sector organisations  
Psychiatry  
Housing regeneration and community development  
Research  
Senior Housing Management  
Qualified accountant  
Magistracy  
Health consultancy

The Board meets four times a year at our central office at London Bridge. In addition, all trustees sit on one of the two Sub-Committees: Finance & Central Services Sub-Committee, and Services Sub-Committee. The Sub-Committees each meet four times a year. In addition there is an annual conference to focus in detail on particular aspects of the Business Plan.

## OUR SERVICES - A BRIEF OVERVIEW

Our services fall into the following main areas:

### Community Services

These are direct access, “drop-in” facilities open to any member of the public free of charge. These services offer a range of interventions and treatments, including structured Day Programmes, support groups, one-to-one counselling, art therapy, relaxation groups, anger management, assertiveness training and a range of complementary therapies.

Since many people with alcohol problems do not understand the effects of alcohol on the body, health education in relation to the impact of drinking is a fundamental component of Foundation66’s work and much valued by service users.

### Residential Services

We own and manage properties providing supported housing for 135 residents in the services described below.

- **Detox Centre** offering supervised medical withdrawal from alcohol, supported by a comprehensive health and social care programme. The duration of stay is from 10 – 21 days.
- **Registered Care Schemes** providing 24 hour rehabilitation support and care for people who have completed detox and require more intensive support and care to prepare them for more independent accommodation. We are also able to offer in-house access to Education, Training and Employment (ETE) programmes.
- **Short-stay hostels** working intensively with residents who have only just stopped drinking or have recently been through a detox programme. Residents stay for 12 weeks and participate in group work, one-to-one counselling and key work programmes, during which their further needs are assessed and a referral is made to an appropriate supported housing scheme.
- **Shared Housing and Self-Contained Accommodation** where residents are supported to address their substance misuse and change their lifestyles, in order to make a successful transition back to independence and/or into more permanent accommodation.

### **Floating Support**

These teams assist service users to maintain their tenancies and access meaningful occupation to support continued independence. We enable service users to overcome the problems associated with their alcohol/drug misuse by assisting them to access suitable programmes and support packages. This may involve linking them into detox, rehabilitation or harm minimisation services.

### **Partnership and Specialist Services**

We provide a number of smaller services providing for needs of more specific groups:

- **Children and Family Services** working with families affected by problematic use of alcohol and other drugs, with a particular focus on the needs of the child. These services operate in the boroughs of Enfield and Camden. The Camden service is a partnership with the NSPCC.
- Our **Young Peoples' Alcohol Service** is an outreach project funded by Comic Relief since 2005. Working in Camden and Westminster it educates 11-21 year olds around the dangers of misusing alcohol. It also provides 1-1 brief intervention sessions to the young people.
- The **Older Persons' services** focus on the provision of one-to-one support to older people to help them to maintain abstinence or reduce the harm caused by their alcohol misuse.
- The **Housing Options Service** is funded by London Councils and supports homeless Londoners with substance misuse problems to understand and access the housing options available to them across all rental sectors.

For more information about Foundation66 please visit our website: [www.foundation66.org.uk](http://www.foundation66.org.uk)

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