

FOUNDATION66

The
Alcohol
and
Drug
Service

Changing lives together.



FOUNDATION66 Long Yard

A safe, social and comfortable
setting for withdrawal from alcohol



What we do

Long Yard is a unique residential detox providing supervised alcohol withdrawal for people dependent on alcohol. We can also support people who may misuse other substances including prescription medication in addition to alcohol.

During stays of up to three weeks, service users are provided with a safe, social and comfortable setting for withdrawal.

Our highly trained team have expertise in a range of disciplines including nursing, social work, social care and counselling as well as substance misuse specific experience.

Long Yard is open to anyone who needs our service. We work with a diverse range of service users. Where necessary, we will engage specialist health and social care partners to support the individual's recovery.



- Residential detox in central London
- Established in 1990
- Refurbished in 2011
- Staffed 24 hours a day
- Double and single bedrooms for up to 18 service users
- Over 95% successful detox completion rate
- Full disabled access
- Registered with the Care Quality Commission

We accept individuals funded by:

- Statutory authorities
- Private health insurance schemes
- Individuals funding their own treatment

If you have any queries about costs, please call us on
020 7404 5980



Long Yard's treatment programme

Our programme aims to lessen and contain anxieties that may occur during the withdrawal process and to look at service users' alcohol misuse in an honest and objective way.

Each service user's progress is monitored against their individual care plan.

The primary objectives are:

- Stabilisation
- Withdrawal from alcohol
- Preparation for, and referral to, ongoing treatment and support

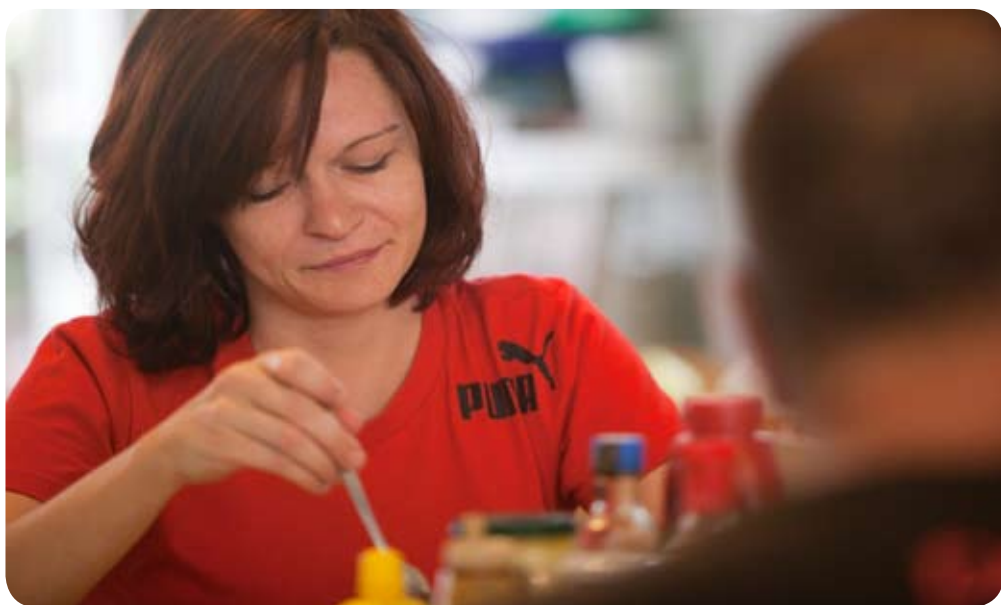
All our psycho-social interventions are evidence-based and in line with NICE guidelines. Interventions are delivered in both individual and group settings.

How we work

The environment we offer is welcoming, safe and supportive. The service emphasises the restoration and development of positive social contact between our service users, staff and the wider community

- We work with the individual to decide on their treatment plan taking into consideration social, family, legal, employment, health and other factors
- Each service user is supported in their withdrawal using appropriate medication overseen by a GP
- The individual is also offered a GP medical assessment
- We assign a support worker who will be a contact throughout treatment
- We deliver group programmes coupled with individually tailored care planning and one to one support
- We liaise with support organisations to facilitate the next steps on the service user's recovery path

We see individuals' potential for change in the middle of personal crises.





Referral to Long Yard

Referrals are accepted from health and social care professionals, health insurance providers, employee wellbeing teams and private individuals.

For help with making referrals call us now on **020 7404 5980**

FOUNDATION66

Foundation66 works creatively with individuals, communities and policy makers to achieve **positive change** and reduce the harm caused by problem alcohol and drug use.

Each year we support around 6,500 people through a range of integrated services – from community treatment through to residential rehabilitation and supported housing – across seventeen London boroughs.

Foundation66 was formed from the 2009 merger of ARP and Rugby House, bringing together **66 years of experience** delivering quality alcohol and drug services.

www.foundation66.org.uk

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