

# How to find us

The Family Alcohol Service (FAS) is situated in Alexandra Ciardi House, 7-8 Greenland Place, Camden NW1 0AP.

Nearest tube station:  
**Camden Town (Northern Line)**

Out of hours telephone numbers:  
Helpline: **0808 800 5000**  
Drinkline: **0800 917 8282**



Registered charity number 216401 and SC037717. D016329.  
Photography by Jon Challicum, posed by models.



Information for families

In partnership with

**FOUNDATION66**

**NSPCC**   
Cruelty to children must stop. **FULL STOP.**

## Welcome

Welcome to the Family Alcohol Service.

If you've picked up this leaflet it may be that you need some help for you and your family because either you or another adult family member is drinking too much.

The Family Alcohol Service is a partnership project between Foundation 66 (a leading London alcohol agency) and the NSPCC (a national children's charity).

We provide a service for children and families living in the London Borough of Camden.

## How we can help

We help whole families, so both those whose drinking is causing problems and those who don't drink.

We help parents and carers to think about how their drinking affects their children, and we provide support to help them to stop or to reduce their drinking.

We also help children who may be having difficulties due to a parent or carer's drinking.

Coming to the FAS may not always be easy, as we may need to directly address your drinking with you for the safety and well-being of your children. However, we will try to support you and your family as much as possible during this process.

## What to expect

When you first come to the FAS you'll see a worker who will explain what we do here and ask you some questions about the difficulties you and your family are facing.

We can arrange several sessions with you to find out about you and your family's personal goals and how we can help you to achieve them.

Sessions will involve talking and listening with family members. When we talk with children – depending on age and interest – we encourage children to play with toys, art materials and other creative activities.

Joint family sessions help communication between family members and can help you to make positive changes together.

**Remember** – you are not alone in your experiences.

## Why not get in touch?

Give us a call, and we'll arrange for an FAS worker to meet you so that you can talk about the help you would like.

We won't tell anyone what you tell us, unless something you say makes us worry that somebody is in danger.

If you would like to talk to somebody at FAS, call us on:

**020 7428 1500**