



**Herbert Street Residential Care Service** is an abstinence-based alcohol rehabilitation programme established over 10 years ago.

We offer a **safe, supportive, accessible** alcohol free environment, which can accommodate nine adults.

### What We Do

Herbert Street is a 3-to-6 month residential care programme for adults with a history of alcohol use. We offer a safe and supportive alcohol free environment which includes:

- Weekly keyworking with qualified counsellors
- Individually-tailored care plans
- Cognitive Behavioural Therapy (CBT) treatment, embedded in eclectic approach
- Comprehensive group-work programme
- Access to education, training and employment opportunities

We also provide:

- 24 hour on-site cover, 7 days per week
- Fully accessible accommodation for anyone with mobility difficulties
- On site support with dual diagnosis or secondary illnesses, including access to specialists
- Weekly aftercare group
- Family therapy
- Alternative therapies

### Who we help

We provide a service for adults aged 18 to 65 who have recently achieved abstinence and wish to remain so. This includes those with high care needs, mental health diagnoses, secondary illnesses or reduced mobility. Although we do not provide personal care, we will support imported care services as appropriate.

### How we work

Our programme addresses all aspects of a persons recovery from addiction. This includes emotional, physical and spiritual issues. It also includes legal, financial, future support systems, leisure and fun, education, training or a return to work and to safe accommodation.

### Referral

To access our service or to refer someone to us you can contact us by phone, fax, letter or e-mail. You can also download a referral form from our website.

We aim to assess all potential residents within 48 hours. Please note that our residents must be fully detoxed prior to admission.

**For any questions about referral to our service, call us now on 020 7916 5013.**

# FOUNDATION66

Foundation66 works creatively with individuals, communities and policy makers to achieve **positive change** and reduce the harm caused by problem alcohol and drug use.

Each year we support around 6,500 people through a range of integrated services – from street outreach through to residential rehabilitation and supported housing – across eighteen London boroughs.

Foundation66 was formed from the 2009 merger of ARP and Rugby House, bringing together **66 years of experience** delivering quality alcohol and drug services.

[www.foundation66.org.uk](http://www.foundation66.org.uk)



## Contact us

**Foundation66**  
**Herbert Street**  
2 Herbert Street  
London NW5 4HD

**Tel: 020 7916 5013**  
**Fax: 020 7813 5960**

[herbertst@foundation66.org.uk](mailto:herbertst@foundation66.org.uk)  
[www.foundation66.org.uk](http://www.foundation66.org.uk)

## Visit us

**Tube:** Chalk Farm, Camden Town, Kentish Town (Northern Line)  
**Bus:** Routes 46 and 24  
**Rail:** Gospel Oak, Kentish Town or Kentish Town West



Foundation66 is the trading name of ARP Charitable Services.  
Registered Office: 2nd Floor 7 Holyrood Street London SE1 2EL  
Charity No: 296375 Registered Social Landlord: H3720  
Company No: 2109924



# herbert street

A residential care service to help adults affected by their use of alcohol.